



Coronavirus Update

3/22/21

- We at Pinnacle Women's Center want to keep our patients informed of new procedures and protocols taking place at our office in order to keep our patients and their families healthy and safe during this time. We will be doing our best to keep the most up to date recommendations posted as this situation is fluid and things will continue to evolve.
- **All patients and visitors will be required to wear a mask to their appointment. If you do not have a mask one will be available for you at check in. Thank you for your continued understanding during this time.**
- **Please remain in your vehicle when arriving for a doctor's appointment. Text your first name and first initial of your last name to: (623) 687-8637 upon your arrival. You will receive a text back when your Medical Assistant is ready to room you. If you have an ultrasound or lab appointment, come directly into our lobby and sign in.**

- **In order to continue to maintain social distancing we will allow only one support person to accompany patients to their appointment. THIS INCLUDES ULTRASOUNDS.**
- In an effort to protect the health and safety of our patients we will also be offering telemedicine services to our patients. Please call our office and our staff will schedule a telemedicine visit and provide you with the detailed instructions to conduct your appointment. **Please note, not all visits can be addressed through telemedicine.**
- At this time both hospitals offer Covid testing, but there is criteria that has to be met to be tested for the coronavirus.
- Signs and Symptoms of disease:
 - Fever
 - Cough
 - Myalgia(muscle pain) or Fatigue
 - Shortness of breath
 - Other less frequent symptoms: sore throat, headache, loss of taste and smell, productive cough, nausea, diarrhea
- **As we try to keep our patients and families healthy and safe please reschedule your appointment if you are experiencing any of the symptoms listed above.**

More Information on coronavirus:

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>

<https://www.acog.org/-/media/Practice-Advisories/COVID-19-Algorithm5.pdf?dmc=1&ts=20200316T0133579724>

How to Prevent the Spread:

https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fsteps-when-sick.html

Questions about Travel:

Within the US:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>

Outside the US:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>