



Coronavirus Update 6/22/20

- We at Pinnacle Women's Center want to keep our patients informed of new procedures and protocols taking place at our office and both Thunderbird and Arrowhead Hospitals in order to keep our patients and their families healthy and safe during this time. We will be doing our best to keep the most up to date recommendations posted as this situation is fluid and things will continue to evolve.
- **Effective 6/22/20: With the rise of Covid cases, all patients and visitors will be required to wear a mask to their appointment. If you do not have a mask one will be available for you at check in. Thank you for your continued understanding during this time.**
- **Effective 4/23/20: PWC is asking patients to please remain in their vehicles when arriving for their appointment. Please text your first name and first initial of your last name to: (623) 687-8637 upon your arrival. You will receive a text back when your Medical Assistant is ready to room you.**

- **In order to continue to maintain social distancing we will allow only one support person to accompany patients to their appointment. THIS INCLUDES ULTRASOUNDS.**
- **Please do not bring children to your appointment.**
- In an effort to protect the health and safety of our patients we will also be offering telemedicine services to our patients. Please call our office and our staff will schedule a telemedicine visit and provide you with the detailed instructions to conduct your appointment. **Please note, not all visits can be addressed through telemedicine.**
- At this time both hospitals offer Covid testing, but there is criteria that has to be met to be tested for the coronavirus. Covid testing is also available at our office by swab and blood serology.
- Signs and Symptoms of disease:
 - Fever
 - Cough
 - Myalgia(muscle pain) or Fatigue
 - Shortness of breath
 - Other less frequent symptoms: sore throat, headache, loss of taste and smell, productive cough, nausea, diarrhea
- **As we try to keep our patients and families healthy and safe please reschedule your appointment if you are experiencing any of the symptoms listed above.**

Arrowhead Hospital:

- 1 support person per patient, including laboring patient that will receive an ID band and will be nontransferable.
- Approved visitors will be required to wear a mask at all times in the facility. It will be issued at entry.
- All patients and visitors will be screened on arrival for symptoms and have their temperatures checked at the door.

Thunderbird Hospital:

- **Effective 7 a.m. on Thursday, March 19, 2019: Banner Thunderbird will restrict visitors in the hospital.**
1. OB patients may have one support person accompany them.
 2. Pediatric patients (under the age of 18) may have one adult support person with them.
 3. The Main Entrance will be closing nightly from 10:00 pm until 6:00 am. Patients and visitors who normally would enter through the Main Entrance will be directed to enter through the Emergency Department entrance during these hours. When patients or visitors present to the ED entrance, they will be screened by the ED screeners. They will then be masked and patients will be transported via wheelchair to OB Triage. Visitors will not necessarily be escorted, if they present without a patient.

More Information on coronavirus:

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>

<https://www.acog.org/-/media/Practice-Advisories/COVID-19-Algorithm5.pdf?dmc=1&ts=20200316T0133579724>

How to Prevent the Spread:

https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fsteps-when-sick.html

Questions about Travel:

Within the US:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>

Outside the US:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>